AMENDMENT TO THE SPECIFICATION

Please amend the paragraph beginning at page 8, line 5 and ending at page 8, line 10 as follows:

Although the addition of aperture 448 moves the location of peak strain toward the preload bend as compared to the embodiment shown in FIG. 2, the aperture is sized such that a large majority of the peak strain region is still located between the preload bend and rigid load beam section 440466. In this region, damper 464 can be easily mounted onto the suspension so as to dampen vibrations in the areas of high strain energies.